

Scottish Country Dancers of Colorado

March Regional Dance

Sundance Studio at 1450 Cipriani Loop in Monument

Saturday afternoon, March 8, 2008

Dance begins at 1:00 pm

With some dances walked through at 12:30

\$5.00 SCD members \$6.00 for non-members

Students through high school half price

	Program		
Espie McNabb	8x32J3	(1)	Misc 1
Falls of Rogie	8x32R3	(3)	Atwood, Alexander 1
Double Eighty	4x32S4	(3)	45-2
Joe McDiarmid's Jig	4x32J4	(2)	5/1982
Royal Albert Country Dance	8x32R2	(2)	34-2
Royal Wedding	8x32S3	(3)	5/1982
Spiffin'	5x32J5	(3)	Chicago 25th
Duke of Perth	8x32R3	(3)	1-8
Cate's Conundrum	3x32S3	(3)	Gray
Saw Ye My Wee Thing	8x32J2	(1)	25-9
Twa Meenit Reel	4x32R4	(3)	Foss, SCD Archives
Twixt Don and Dee	4x32S4	(3)	Drewry, Deeside 2
Tribute to the Borders	8x32J3	(3)	Leaflets 11
Arkansas Traveler	8x32R3	(3)	Roby

As usual, bring snacks or beverages to share with your fellow dancers. Get some vigorous exercise, and work on that waistline. Between Valentine's Day and an early Easter, the candy manufacturers are showing no mercy.

March Regional

Espie McNabb	Duke of Perth
Falls of Rogie	Cate's Conundrum
Double Eighty	Saw Ye My Wee Thing
Joe MacDiarmid's Jig	Twa Meenit Reel
Royal Albert Country Dance	Twixt Don and Dee
Royal Wedding	Tribute to the Borders
Spiffin	Arkansas Traveler

Espie McNabb

(1)		32J3
1-8	All set, cross by the rt, set, and cross by the rt.	
9-16	Cpl 1 lead down the middle and up again.	
17-24	Cpl 1 set to prtnr, cast to 2 nd while the 2s step up, and turn by the rt.	
25-32	Circle 6 hands round and back.	

Falls of Rogie

(3)		32R3
1-4	Cpl 1 cross by rt and cast to 2 nd (2s step up).	
5-8	Cpl 1 cross by rt and cast rt to end M1 facing W2 and W1 facing M3.	
9-12	Cpl 1 dance lft shldr half reel of 3, end in lines across the dance.	
13-16	All set and cross by rt.	
17-24	Dance CW around in a square; cpl 2 and 3 dance all the way around, while cpl 1 dance halfway and turn 1¼ by rt to face 1 st crnr positions.	
25-28	Cpl 1 dance half diagonal reel of 4 and pass rt shldr to face 2 nd crnr position.	
29-32	Cpl 1 dance half diagonal reel of 4 and pass rt shldr to end in place.	

Double Eighty

(3)		32S4
1-8	All dance reels of 4 on own side.	
9-10	All set.	
11-12	1M with 2W and 3M with 4W cross by rt.	
13-14	1W with 2M and 3W with 4M cross by lft.	
15-16	2s and 3s cross by rt while 1s and 4s turn 1¼ by rt to finish in the middle facing prtnr, M facing up, W facing down.	
17-24	1s and 4s dance Highland Schottische poussette.	
25-32	2s with 4s and 1s with 3s circle 4 hands round and back.	

Joe MacDiarmid's Jig

(2)		32J4
1-8	All cpls advance and retire and turn prtnr by rt.	
9-12	Cpl 1 and Cpl 4 advance and retire down and up the dance, to end facing.	
13-16	Cpl 1 and cpl 4 turn cpl 2 and cpl 3 with outside hand once round to place.	
17-24	Cpl 1 cross down below 3s, cast behind 4s, and dance ½ fig 8 around 4s. Cpls 2, 3, and 4 step up on bars 23-24.	
25-32	Circle 8 hands round and back.	

Royal Albert Country Dance

(2)		32R2
1-8	Cpl 1 and W2 dance 3 hands across and back, finish in line facing down the set (W1 on rt and W2 on lft of M1). M2 steps in to face the line on bar 8.	
9-12	All dance down the middle (M2 dances backwards). On bar 12 W advance to Join M2 and face the top of the set.	
13-16	All dance up the middle (M1 dance backwards). On bar 16 W1 advances to join prtnr on his rt. 1s and 2s end facing down and up in the middle of the set.	
17-24	1s and 2s dance ladies chain and end ready for poussette.	
25-32	Cpls 1 and 2 dance poussette.	

Royal Wedding

(3)		32S3
1-8	Cpl 1 set, turn 2 hands round (2s step up), dance down one place, and turn 2 hands round to face 1 st crnr.	
9-12	1s turn 1 st crnr by rt to end between the 2s and 3s. 1s advance setting to face 2 nd crnrs, while crnrs set facing diagonally.	
13-16	1s turn 2 nd crnrs by rt to end between crnrs. 1s advance setting to face prtnrs 1 st crnr, while crnrs set facing diagonally.	
17-24	1s dance diagonal ½ reels of 4 with crnrs. 1s pass lft shldrs and end facing opp side.	
25-28	All dance CW halfway round set to own side.	
29-32	All cpls turn prtnr with 2 hands.	

Spiffin'

(3)		32J5 Square
1-8	Cpl 5 dance parallel lft shldr reels of 3 with 1s and 3s. Cpl 5 end in middle facing 1s.	
9-12	Cpl 5 dance hands across on the sides with 2s and 4s.	
13-16	Cpl 5 dance between 1s, split, cast round to center facing 3s.	
17-20	Cpl 5 dance hands across on the sides with 2s and 4s.	
21-24	Cpl 5 dance between 3s, split, cast round to center.	
25-28	Cpl 5 Tulloch turn twice round (or to taste) to end facing 1s.	
29-32	Cpls 5 and 1 set and dance lft hands across halfway to finish with 1s in center facing 2s.	

Duke of Perth

(3)		32R3
1-8	Cpl 1 turn by rt and cast to 2 nd , turn by lft to end facing 1 st crnrs.	
9-16	Cpl 1 turn crnr, prtnr, crnr, prtnr to end facing 1 st crnrs.	
17-24	Cpl 1 set to and two hand turn 1 st crnr, set to and two hand turn 2 nd crnr, to end facing 1 st crnrs.	
25-30	Reel of 3 on sides, actives give lft shldr to 1 st crnr to begin.	
31-32	Cpl 1 cross by rt to own side.	

Cate's Conundrum

- (3) 32S3
- 1-8 Cpls 1 and 2 dance poussette.
 9-16 Cpls 1 and 2 dance rt hands across halfway, ending in center to set diagonally, cast to opp side, 2s cross at top while 1s turn by rt to face 1st crnrs.
 17-20 Cpl 1 pass 1st crnrs giving rt shldr, pass by rt to face 2nd crnrs, while 1st crnrs turn ½ by rt and cast to opp cnr.
 21-24 Cpl 1 pass 2nd crnrs giving rt shldr, pass by rt to face out own side, while 2nd crnrs turn ½ by rt and cast to opp cnr.
 25-30 Rt shldr reels of 3 on the sides.
 31-32 Crnrs cross by rt to own sides.

Saw Ye My Wee Thing

- (1) 32J2
- 1-8 Cpl 1 set, cross by rt, cast round 2s, and lead up crossing to top.
 9-16 Cpl 2 set, cross by rt, cast up round 1s, and lead down crossing to place.
 17-24 Cpl 1 followed by cpl 2 lead down the middle; cpl 2 followed by cpl 1 lead up the middle to progress.
 25-32 Cpls 2 and 1 dance rts and lfts.

Twa Meenit Reel

- (3) 32R4
- 1-4 W1 and W3 cast one place down to middle and face up, while M2 and M4 cast up one place to middle and face down.
 5-12 Reel of 4 in the middle.
 13-16 M2 and W1, M4 and W3 turn by rt ¾ to place.
 17-20 M1 and W2, M3 and W4 turn by rt.
 21-24 Cpls 1 and 2, cpls 3 and 4 circle once round to the lft.
 25-28 All join hands on side and advance and retire.
 29-32 Cpl 1 dance down middle and cast to 4th, while cpls 2, 3, 4 step up.

Twixt Don and Dee

- (4) 32S4
- 1-8 Cpls 1 and 2, cpls 3 and 4 dance double fig of 8. 1s and 4s cast in to begin and end facing out.
 9-10 1s and 4s cast in while 2s and 3s dance to 1st and 4th.
 11-12 1s and 4s turn ptrnrs with both hands and open to form circle.
 13-16 1s and 4s circle lft once round, pulling rt shldr back to face cnr on own side of the dance.
 17-24 Double Hello-Goodbye setting.
 25-28 4s and 1s dance butterfly turns with 2s and 3s to end on opp sides in 2nd and 3rd.
 29-32 4s and 1s dance ½ fig 8 round 2s and 3s.

Tribute to the Borders

- (3) 32J3
- 1-8 Cpl 1 cross by rt, cast to 2nd (2s step up), and turn by rt 1¼ to end in promenade hold facing M2.
 9-12 Cpl 1 dance ½ reel of 3 w/ M, passing rt shldrs to begin.
 13-16 Cpl 1 dance ½ reel of 3 w/ W, end facing W3 (now at the top).
 17-22 Cpl 1 set to W3, s2, M2, then
 23-24 M3 while cpls 2 and 3 set advancing to finish facing up.
 25-32 Cpls 3, 1, 2 dance allemande.

Arkansas Traveler

- (3) 32R3
- 1-8 1M turn 2M by RH and 1W turn 2W by LH to double triangle position and dance double triangles. Finish facing out retaining hand of 2C person above.
 9-12 Cpl 1 turn 2s ¾ and meet to dance down to above the 3s.
 13-16 Cpl 1 balance with 3s and turn 3s to dance up and in to begin
 17-24 Mirror reels of 3 on the sides.
 25-28 Cpl 1 dance ½ fig 8 around the 2s.
 29-32 Cpls 2, 1, 3 turn by RH.

